



Rotary  
CLUB CHANDIGARH



ROTARY INTERNATIONAL DISTRICT 3080

# Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

CHARTER 15227 | CHARTERED ON 10TH MAY 1958

ISSUE 01 | 8 JULY 2024

HOME CLUB OF RAJENDRA K SABOO  
ROTARY INTERNATIONAL PRESIDENT  
1991-92

STEPHANIE A. URCHICK  
ROTARY INTERNATIONAL PRESIDENT  
2024-25

RAJPAL SINGH  
DISTRICT GOVERNOR  
RI DISTRICT 3080

JATINDER KAPUR  
CLUB PRESIDENT

PREM MOHINDRU  
CLUB SECRETARY

## Active participation of all is vital

It is an honor and excitement to begin the term as the President of most prestigious club of R.I. Distt. 3080. As we embark on this new Rotary Year together, I am filled with optimism and enthusiasm for what we can achieve as a team dedicated to service above self.

Our primary focus will be on initiatives that have a tangible impact on our local community. From

educational programs to environmental projects, we aim to make a meaningful difference. Embracing new technologies and innovative approaches will help us address the evolving needs of our community. We will explore creative solutions to enhance our programs and events.



Your active participation is vital to our success. Whether through attending events, volunteering, or bringing new ideas, every contribution matters and eager to hear from each of you. Please share your thoughts and suggestions on how we can continue to improve and serve effectively. Let's take time to recognize and celebrate our accomplishments together and we will build on our successes and create magic to make a difference in the community.

Thanks for the trust and support from each and every member of this joint family of Rotary Club Chandigarh to make action packed year ahead and to create a real magic in the society. We are collectively determined to fulfil the RI President Stephanie A Urchick's theme of Creating Magic.

Warm regards,  
Rtn. Jatinder Kapur

## You are a good person



President Jatinder Kapoor presided over his first meeting of the year 2024-25. BK Anita Didi from Brahm Kumari, Chandigarh was the Chief Guest who came to bless our club in the first meeting held on the first of July, 2024. BK Anita didi addressed the Rotarians as brothers and sisters stating that we all are doing social service. Social service is to give help to a needy person. Even showing the right path to a stranger is Seva. All the service is well taken care of by Rotary and she complimented the efforts of Rotary Club. She recalled the old association of Rotary with Brahm Kumari. In the recently concluded annual meeting of the Brahm Kumari at Mount Abu, Rajasthan and all the Brahma Kumaris were thrilled when they announced that Rotary Club has gifted MRI machine for the hospital being run by the Brahma Kumaris.

Brahm Kumari's had their first presence in the city of Chandigarh in 1981-82 when they met PRIP Raja Saboo, as he had a big name in social service. She congratulated the new president Jatinder Kapoor for taking over as the President of the club. She emphasized the need to relieve stress among the couples, among the siblings and the close relations. The disturbance in the family takes away your right-thinking power, and we should solve it as early as possible so that there should be no ego clash.

Brahm Kumari is a big group of 40,000 who wear white sari and work for the betterment of society. We all take a pledge

CONTINUED ON PAGE 2

**NEXT MEETING**

Role of cinema  
in social change  
Mr Ojaswwe Sharma

WE MEET EVERY MONDAY AT ROTARY HOUSE AT 6:00 PM

**PROJECTS**

# Medical Camp at Behlolpur

On 6th July 2024, the Rotary Club of Chandigarh, in collaboration with Dr. B. R. Ambedkar State Institute of Medical Sciences (AIMS), organized a medical camp for the residents of Village Behlolpur.

The camp featured specialized teams catering to various medical needs, including General Medicine, Gynecology, Pediatrics, Blood Testing, and Pharmacy. Patients received free medications on-site as prescribed by the doctors for their specific ailments. The medicines were generously donated by Rotary Club Chandigarh. A followup plan has also been put in place for patients needing repeat visit to doctors, in the village Secondary Health Center. The Panchayat Ghar was excellently arranged to facilitate the camp, with adequate furniture and equipment to set up checkup tables, ensuring an efficient and comfortable environment for both the medical teams and the patients.

This initiative benefitted over 120 individuals, providing them with



comprehensive medical checkups and health recommendations. The camp was conducted by a dedicated and proficient team of doctors from AIMS Medical College.

Overall, the medical camp was a remarkable effort in delivering essential healthcare services to the community of Behlolpur, reflecting the commitment and coordination of the Rotary Club Chandigarh and AIMS to community health and well-being. We extend our heartfelt gratitude to Rtn. Dr. Bhavneet Bharti for her exceptional efforts and invaluable assistance in organizing the team of doctors and coordinating the medical arrangements. The Presence of Club President Rtn. Jatinder Kapoor, IPP Rtn. Anil Chadda, Rtn. Prem Mahindru, Rtn AP Singh, Rtn. Arun Aggarwal and Rtn. Gurvinder Saggi/

CONTINUED FROM PAGE 1

## You are a good person...

that all my bad habits and negativity which hurts others should be stopped. The main enemy in us is EGO and if we are hurt by any action that is due to our ego and we should leave our rigid stand at that point.

She stressed the need of looking face-to-face with a smile and uttering the words that you are a good person, and all the negativities will be erased out. There was a long question. Answer session after the talk. Rtn. Anil Chadda taken the opportunity to host Monday fellowship on the regular Monday meeting in Rotary house which was well enjoyed by the members.



## CELEBRATIONS

### Birthday Greetings:

- 9 July** Rtn Aarti Goyal 99140 43499
- 9 July** Rtn Dr Kuldeep Dhawan 9779984700
- 11 July** Rtn Surya Gupta 9888888528
- 13 July** Rtn Karan S. Bhandari 9876062209
- 14 July** Rtn Promila Nain 9316133602
- 14 July** Rtn Pankaj Katia 9417207770

### Anniversary Greetings:

- 8 July** Rtn Baldev K Garg & Santosh 9814108944
- 12 July** Rtn Dr Kuldeep Dhawan 9779984700 & Dr Sarita

*With compliments  
from*

**Rtn P S Matharoo**

**EMCO SWITCHGEARS PVT. LTD.**

210, INDUSTRIAL AREA, PHASE 1, CHANDIGARH



## Incoming Events

8th. Installation ceremony team 2024-25 at CII at 6 PM

14th. Tree Plantation Rotary House 9 AM

## Congratulations

We congratulate our esteemed members who have been included in the district team 2024-25 by DG Rtn Raj Pal Singh to discharge the various responsibilities with designations assigned to them as under:-

### Assistant Governor

- Rtn. Jaspal Singh Sidhu

### District Chair

- Rtn. Praveen Goyal on Paul Harris society
- Rtn. Anil Chadda on heartline project
- Rtn. P J Singh on Family involvement project

### District Co-Chair

- Rtn. Vinod Kapoor on TB eradication project
- Rtn. D P Singh on Mental Health care project
- Rtn. A P Singh on Friendship exchange
- Rtn. Rashi Adlakha on Mental and child health
- Rtn. Arti Goyal on legal aid

## YOUTH SERVICE

## Ma Annapurna Day

Seeking the blessings of Goddess Ma Annapurna, on the 1st day of July 2024, at the advent of the Rotary New Year, Rotary Club Chandigarh, Collaborated with Rotaract Club Chandigarh to hold a bhandara at sec 17 Chandigarh, for 600 people.

We were honored with the gracious presence of DG Rtn. Rajpal Singh and first lady, Rotary Ann, Inderbir Kaur. President Jatinder Kapoor and Secretary Prem Mahindru of Rotary Club Chandigarh were accompanied by Rotarians, IPP Anil Chadda, AG PP Jaspal Singh Sidhu, PE Abha



Sharma, Jt. Secretary Arun Aggarwal, Gurvinder Sagoo and Dr. Nusrat Shafiq. Rotaractors participated in dozens, under the leadership of president Moin Khan and Secretary Ishita Malik. DRR Shashank Kaushik encouraged all with his participation.

## Time to experience Magic

As we embark on this new Rotary year, let us embrace it with a spirit of renewal and inspiration. This is a pivotal time for all members to reaffirm their commitment to Rotary's noble ideals. A thriving membership is not just a goal but the heartbeat of our vibrant community, essential for driving forward our impactful service and project initiatives.

Our seasoned members carry a vital responsibility: to warmly welcome and actively engage new members, ensuring they feel valued and integral from the start. Each member joins Rotary with a unique spark — be it a passion for service, a quest for fellowship, a desire to forge lasting friendships, or a journey of personal growth. It is our collective duty to nurture these motivations, understanding that they evolve over time, thus fortifying the ties that bind us together as a club.

Introducing innovative roles like 'Plan Lead Coordinators' and 'Action Plan Champions' highlights our commitment to strategic growth and collaborative achievement. By working closely across districts and clubs, let us chart a clear path towards achieving ambitious multi-year goals and executing action plans that

resonate with every club and members.

As we embrace this new year, let us seize the fresh opportunities it brings, and confront the inevitable challenges with resilience and innovation. Embrace cutting-edge technologies and foster partnerships across diverse sectors — from youth initiatives and Rotary Community Corps (RCC) to corporate alliances, governmental collaborations and NGO partnerships — this will amplify our impact and elevate our standing in the community.

Amidst the multitude of projects we undertake, let us heed the stirring call of our global leader, Stephanie Urchick. Let us champion the transformative power of our action plan, finding balance between continuity and change, and work for positive peace. Let this year be marked by bold steps, taken with optimism and a steadfast resolve to surpass past achievements.

Now is our moment to ignite the magic of Rotary, to create ripples of positive change that resonate far and wide.,

**Anirudha Roy Chowdhury RI**  
Director, 2023-25

With Best Compliments from  
Rtn Jagesh Khaitan



**KUANTUM PAPERS LTD.**  
MANUFACTURERS OF  
HIGH QUALITY WRITING & PRINTING PAPERS

W1A, First Floor, Tower A, Godrej Eternia  
Plot No.70, Industrial Area, Phase 1, Chandigarh  
Tel: 0172 5172737



**Sundown Villas**

4BHK  
Luxury Villas

Dochi Road, Kasauli, HP.  
Call: +919876829724



**GREWAL EYE INSTITUTE**  
The Best Treatment Starts at Eye Care

Bringing future  
of Eye Care  
to Tricity

SCO: 168-169, Sector 9C, Chandigarh - 160 009 (INDIA)  
+91 172 5056969 | www.gei.co.in | info@gei.co.in

## Rtn. Stephanie A. Urchick

President 2024-25  
Rotary Club of McMurray  
Pennsylvania, USA



Stephanie A. Urchick has been an RI director and Rotary Foundation trustee and has served Rotary in numerous capacities, including as training leader, regional Rotary Foundation coordinator, and RI president's representative. In addition, Urchick was a representative and member-at-large at three sessions of the Council on Legislation.

Urchick has also served as chair of the Strategic Planning Committee and The Rotary Foundation's Centennial Celebration Committee, as well as a member of various Rotary committees, including the Election Review Committee and Operational Review Committee.

A Rotary member since 1991, Urchick has participated in a variety of international service projects, including National Immunization Days in India and Nigeria. In Vietnam, she worked with clubs to help build a primary school and traveled to the Dominican Republic to install water filters. A student of several Slavic languages, she has mentored new Rotary members in

Ukraine and coordinated a Rotary Foundation grant for mammography equipment and a biopsy unit for a hospital in Poland. In its commemorative book, the Rotary Club of Krakow, Poland, noted Urchick as a key figure for helping the rebirth of Rotary in post-Communist Poland. Urchick has also helped to pair clubs and districts in the U.S. with Rotary clubs in Albania, Kosovo, and Ukraine for humanitarian and educational services.

Urchick's professional background is in the higher education, consulting, and entertainment industries. She received her doctorate degree in Leadership Studies from Indiana University of Pennsylvania and has been recognized by The Rotary Foundation and numerous community and international organizations.

Urchick asks members to champion Rotary's Action Plan so they can improve their clubs and keep Rotary strong, find a balance between continuity and change, and work for peace. She also emphasizes the continuing importance of the effort to eradicate polio. She urges members to join or initiate PolioPlus Societies in their districts and do all they can to help end the disease. Urchick will lead the 2025 Rotary Presidential Peace Conference in Istanbul, Turkey, 20-22 February 2025, with the theme Healing in a Divided World.

## Rtn. Rajpal Singh

District Governor 3080  
Rotary Club Saharnpur



Rtn. Rajpal Singh was born in Ambala Cantt. in a family engaged in the business of retail and distribution of machinery parts. He did his schooling and graduation from Ambala Cantt. before moving to Saharanpur, where he joined his family business. In addition to Saharanpur, the business is well established in Dehradun as well. He is also involved in the business of Real Estate Development.

Rtn. Rajpal Singh joined Rotary Club, Saharanpur in the year 1991. He served as the Club President in 2001-02 and was awarded 'Best President' in the District. He served as Assistant Governor in 2004-05 and was awarded as the 'Best Assistant Governor' in the District. He has also served as the Chairman of Membership Development Committee, Chairman of Community Service, Faculty Member at PETS/SETS multiple times and District Rotary Public Image Chair. He is a multiple Paul Harris Fellow. He is a hard working man with a clear vision to strengthen the Rotary Organization, enhance its public image and execute meaningful projects of social service.


Being a businessman by profession, he has been working ardently to defend the rights of manufactures and traders for more than 25 years. During this time, he has served as the President of Saharanpur Machinery Merchant Association multiple times. Currently he is Patron of the Association. he also serves as the State Organization Secretary of Uttar Pradesh Udyog VyaparPratinidhi Mandal, one of the largest association of manufacturers and traders in Uttar Pradesh. He has also played a leading role in many movements and conventions with regard to trader's issues.

He is a founder member of Prabhujki Rasoi, an organisation started by Lok Kalyan Samiti, Saharanpur, which serves nutritious free food

to 400-500 poor and disabled people daily. This community kitchen is supported and directed by Saharanpur District Administration, Saharanpur Nagar Nigam and various social service organisations. During covid-19 pandemic, Prabhujki Rasoi played a key role in serving the society.

Rtn. Rajpal Singh is a suave, simple, social and a preserving person. Inspired from his mentors and parents, a nature of serving the helpless and needy is evident in his outlook. He has been serving as an active member in the affairs of Gurudwara Sri Guru Singh Sabha, Saharanpur from many years. Besides serving as the Vice President and Executive Member of the Gurudwara Management Committee, he has been working on several other positions.

His wife, Inderbir Kaur is a homemaker and very active in the city's social circle. They have two children, a daughter, Jasneet Kaur, who is married and settled in Chandigarh and a son, Harneet Singh, who is married and settled in Gurugram.



Break the Routine

**RESTAURANT  
and  
MICROBREWERY**

FOR INFO : +91 90567 60593  
ELUDE MICROBREWERY, NORTH VIEW PARK,  
CHANDIGARH-DELHI HIGHWAY, ZIRAKPUR



BEWAJAH  
KHUSHYAAN  
LUTAO  
COCA-COLA  
PILAO

